



Instructions to Participants - pick one clip to perform from below:

Lying: When we presume to lie for the benefit of others, we have decided that we are the best judges of how much they should understand about their own lives—about how they appear, their reputations, or their prospects in the world. This is an extraordinary stance to adopt toward other human beings, and it requires justification. Unless someone is suicidal or otherwise on the brink, deciding how much he should know about himself seems the quintessence of arrogance.

David and Goliath: The scholars who research happiness suggest that more money stops making people happier at a family income of around seventy-five thousand dollars a year. After that, what economists call “diminishing marginal returns” sets in. If your family makes seventy-five thousand and your neighbor makes a hundred thousand, it doesn’t make your neighbor happier than you, or better equipped to do the thousands of small and large things that make for being a good parent.

Outliers: We think outliers spring naturally from the earth. We look at the young Bill Gates and marvel that our world allowed that thirteen-year-old to become a fabulously successful entrepreneur. But that's the wrong lesson. Our world only allowed one thirteen-year-old unlimited access to a time sharing terminal in 1968. If a million teenagers had been given the same opportunity, how many more Microsofts would we have today?

I Will Teach You To Be Rich: Because I don’t understand or care about sports, last Super Bowl Sunday I decided to go on a wing crawl. It’s like a pub crawl, but with wings. I quickly realized that the most interesting part of eating wings with friends is seeing how much meat they leave on the bone. Some people leave half the chicken and move on to the next wing. These people are worthless, and I quickly distance myself from them.

The War of Art: We actually fear discovering that we are *more* than we think we are. More than our parents/children/teachers think we are. We fear that we actually possess the talent that our still, small voice tells us we have. That we actually have the guts, the perseverance, the capacity. We fear that we truly can steer our ship, plant our flag, reach our Promised Land. We fear this because, if it’s true, then we become estranged from all we know. We become monsters and monstrous.

The 4 Hour Work Week: 1. Define your nightmare, the absolute worst that could happen if you did what you are considering. 2. What steps could you take to repair the damage or get things back on the upswing, even if temporarily? 3. What are the outcomes or benefits, both temporary and permanent, of more probably scenarios? 4. If you were fired from your job today, what would you do to get things under financial control? 5. What are you putting off out of fear? 6. What is it costing you - financially, emotionally, and physically - to postpone action? 7. What are you waiting for?